

NEW COURSES

95010 MANAGING DRUG INTERACTIONS WITH DIRECT ORAL ANTICOAGULANTS

A 1-hour course for physicians, PAs, and nursing professionals

Direct oral anticoagulants (DOACs) are often used if oral anticoagulation is required, such as to prevent thromboembolism for patients with nonvalvular atrial fibrillation or for treating and preventing venous thromboembolism. One advantage of DOACs is their predictable response and limited need for routine laboratory monitoring. However, drug-drug interactions with these agents are common and may increase the risk of bleeding or thrombosis. Important DOAC interactions are often due to medications that affect increase bleeding propensity or cytochrome P450 (CYP450) enzymes or transport proteins. Clinicians require practical considerations for managing common drug interactions involving DOACs.

93010 MATERNAL HEALTH DISPARITIES

A 4-hour course for physicians, PAs, nursing professionals, counselors, therapists, and social workers

There is no question that maternal health disparities are a significant problem in the United States. Inequalities have been noted associated with many factors, including education level, literacy, and socioeconomic status. However, the greatest disparities have been noted among racial/ethnic minority women and have been linked to explicit and implicit biases in healthcare providers and systems. It is of the utmost importance that those working in health care and caring for patients in the peripartum and postpartum period are committed on lowering the morbidity and mortality rates of all mothers of color. Promoting equity and cultural competence, effectively addressing modifiable risk factors, improving communication, and monitoring, and engaging in regular training are needed to improve these maternal health disparities.

This course is designed to meet the New Jersey requirement for implicit and explicit bias education for those healthcare professionals who provide perinatal treatment and care to pregnant persons.

77560 PROFESSIONAL BOUNDARIES IN MENTAL HEALTH CARE

A 3-hour course for counselors, therapists, and social workers

Without proper boundaries and awareness, mental health professionals become vulnerable to burnout and vicarious traumatization. This can result in a risk of therapeutic effectiveness, loss of trust with clients, and possible ethical crossings or violations. This course supports professionals practicing competence while utilizing self-care and boundaries to minimize burnout while practicing compassion for the clients that they serve.

This course is designed to meet the New York requirement for 3 hours of education in appropriate professional boundaries every renewal period.

Version: 67560 for psychologists

UPDATES/FULL REVISIONS

34464 SYSTEMIC LUPUS ERYTHEMATOSUS

A 5-hour course for nursing professionals, nursing home administrators, and case managers

Systemic lupus erythematosus (lupus or SLE) is an autoimmune disease that has impacted the lives of more than 1.5 million individuals in the United States. Lupus is one of several chronic conditions that may result in long-term disability. The majority of SLE sufferers are young women. It is imperative that healthcare providers, including nurses, have a general knowledge base regarding this chronic disease. In addition, this knowledge base will provide healthcare providers with the tools necessary to provide appropriate care, guidance, and support for patients who are living with this chronic disease process.

90824 CLINICAL MANAGEMENT OF ATRIAL FIBRILLATION

A 10-hour course for physicians, PAs, nursing professionals, nursing home administrators, case managers

Atrial fibrillation is one of the most common arrhythmias encountered in clinical practice today. Current treatment options for atrial fibrillation include pharmacological cardioversion, direct current electric cardioversion, radiofrequency ablation, and long-term rate control with a wide variety of oral antiarrhythmic medications. The specific treatment(s) selected to manage atrial fibrillation in adult patients must be tailored to each individual's needs, clinical symptoms, and response to any previous treatment. The efficacy, safety, and cost of the treatment option must also be evaluated. This course will review current treatment options for the clinical management of atrial fibrillation, including indications for use, risks, and criteria for evaluating the treatment's efficacy. Recommendations from the American Heart Association and Agency for Healthcare Research and Practice will be reviewed. Finally, the clinical management of a patient with acute onset atrial fibrillation and a patient with chronic atrial fibrillation will be explored in depth through the use of simulated case studies.

54121 NUTRITION AND ORAL HEALTH

A 6-hour course for dental professionals

Most dental professionals have limited training in the nutritional sciences and may not appreciate the impact that proper nutrition has on establishing and maintaining oral health. As the continuum between oral health and systemic health becomes more intertwined, dental professionals should consider nutrition an important component of optimal dental care. When nutrition is inadequate, the cellular renewal of the oral mucosa and the oral epithelium is compromised, wound healing is protracted, immune function is compromised, and systemic diseases can emerge and further exacerbate oral health.

91544 METABOLIC SYNDROME: A GROWING EPIDEMIC

A 5-hour course for physicians, PAs, nursing professionals, nursing home administrators, CA CNAs

As metabolic syndrome continues to become a more prevalent problem in the United States, healthcare professionals will encounter patients with this constellation of symptoms on a more frequent basis. The condition disproportionately affects minority populations. The condition is a constellation of risk factors including obesity, hypertension, dyslipidemia, and insulin resistance. It is known to increase risk for cardiovascular disease. The purpose of this course is to educate healthcare professionals about the epidemiology and treatment of metabolic syndrome so they may better care for their patients.

38802 RESPIRATORY CARE: ARTIFICIAL AIRWAYS, MECHANICAL VENTILATION, AND CHEST TUBES

A 5-hour course for nursing professionals and case managers

With knowledge of the purpose and function of artificial airways, mechanical ventilation, and chest tubes, nurses can readily provide quality and even lifesaving care. All healthcare professionals involved in the care of these patients should have a knowledge of the function, potential complications, and care skills necessary to ensure the health and safety of individuals who require respiratory assistance.

NEXT MONTH PREVIEWS

Topics scheduled for December 1st release include childhood obesity, eye disorders, medical marijuana, anti-aging supplements, and cyberbullying..